

# Talk #1 Exercise

#1 Of the Free, Total, Faithful, Fruitful lens, which two of those characteristics do you believe are most important to your particular relationship or most speak to your heart. Please explain.

**Free** \_\_\_\_\_  
\_\_\_\_\_

**Total** \_\_\_\_\_  
\_\_\_\_\_

**Faithful** \_\_\_\_\_  
\_\_\_\_\_

**Fruitful** \_\_\_\_\_  
\_\_\_\_\_

#2 What are the “snakes” (stumbling blocks, hindrances, bad habit, vices, etc) that presently undermine or could undermine your relationship once you are married?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_